

Muscular [strength](#) is the ability to exert force against a resistance enabling you and I to push, move or lift objects. Greater muscular strength means we can lift, push or pull more

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

https://neurosurgerywiki.com/wiki/doku.php?id=muscle_strength

Last update: **2024/06/07 02:52**

