

Muscle mass indicates the weight of muscle in your body. Muscle mass is composed of 3 types of muscles: skeletal, smooth, and cardiac muscle. Skeletal muscle is also called striated muscle and is under voluntary control. As an example: the biceps are a skeletal muscle.

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

https://neurosurgerywiki.com/wiki/doku.php?id=muscle_mass

Last update: **2024/06/07 02:50**

