

Degenerative [cervical spine disease](#) refers to the progressive deterioration of the structures in the [cervical spine](#), including [intervertebral discs](#), [facet joints](#), [ligaments](#), and [vertebral body](#). It is a common condition associated with [aging](#), but it can also be influenced by genetic factors, [lifestyle](#), and [mechanical stress](#).

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

[https://neurosurgerywiki.com/wiki/doku.php?id=mechanical\\_stress](https://neurosurgerywiki.com/wiki/doku.php?id=mechanical_stress)

Last update: **2025/03/06 12:13**

