

Lumbar spinal canal

The lateral lumbar [spinal canal](#) may be subdivided into the subarticular ([lateral recess](#)), the foraminal ([pedicle](#)) and the [extraforaminal](#) (far lateral) zone. Within these regions lies the “[Macnab's hidden zone](#).”, an area known for its difficult surgical exposure ¹⁾.

Lumbar spinal canal dimensions

see [Lumbar spinal canal dimensions](#).

¹⁾

Macnab I. Negative disc exploration. An analysis of the causes of nerve-root involvement in sixty-eight patients. J Bone Joint Surg Am. 1971 Jul;53(5):891-903. PubMed PMID: 4326746.

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