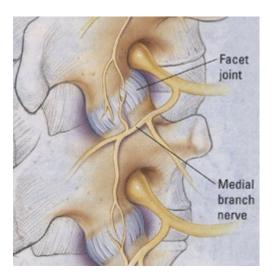
2025/06/25 18:51 1/1 Lumbar medial branch

Lumbar medial branch



The lower spine is lined with small joints called <u>lumbar facet joints</u>. These joints contain medial nerves that submit pain signals to the brain when the joint has become inflamed.

A lumbar medial branch block is a numbing injection administered to the nerves of an inflamed facet joint in the lower back. The medication blocks' pain signals, relieving lower back pain and sciatica. By undergoing a lumbar medial branch block, Turnersville patients can determine the exact location of their pain and create a plan for treating it. The numbing from a block injection is only temporary, usually lasting only hours. But despite its short term benefits, a lumbar medial branch block is highly useful as a trial procedure to determine whether a radiofrequency ablation can provide a patient with long term pain relief of up to six months or more.

see Lumbar facet joint nerve block.

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