

Lumbar foraminal stenosis surgery

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- [Comparison of the early and medium term efficacy of oblique lateral interbody fusion combined lateral fixation and transforaminal lumbar interbody fusion in lumbar spinal stenosis](#)
- [Postoperative Radiologic Changes in Early Recurrent Lumbar Foraminal Stenosis After Transforaminal Endoscopic Lumbar Foraminotomy for Lower Lumbar Segments](#)
- [Y-Style Unilateral Biportal Endoscopic Far-Lateral Approach for L5/S1 Foraminal Stenosis](#)
- [Baastrup's disease in a patient with multifactorial back pain: a case report](#)
- [Effectiveness and Safety of Transforaminal Spinal Endoscopy: Analysis of 1000 Clinical Cases](#)
- [Magnetic Resonance Imaging Predictors of Surgical Difficulty in Transforaminal Endoscopic Lumbar Discectomy for Far-Lateral Disc Herniation Under Local Anesthesia](#)

[Lumbar foraminal stenosis surgery](#) should be considered when the pathology is refractory to [conservative treatment](#) and requires direct [decompression](#) of the exiting [nerve root](#), including the [dorsal root ganglion](#). In cases with decreased [intervertebral](#) height and/or [instability](#), [fusion surgery](#) should also be considered. Recent advancements in [minimally invasive lumbar lateral interbody fusion](#) procedures enable effective and less invasive foraminal enlargement compared with traditional fusion surgeries such as [transforaminal lumbar interbody fusion](#). The lumbosacral junction can cause L5 radiculopathy with greater incidence than other lumbar levels as a result of anatomical and epidemiological factors, which should be better addressed when treating clinical lower back pain ¹⁾.

Approaches

[Lumbar foraminal stenosis surgery approaches](#).

¹⁾

Orita S, Inage K, Eguchi Y, Kubota G, Aoki Y, Nakamura J, Matsuura Y, Furuya T, Koda M, Ohtori S. Lumbar foraminal stenosis, the hidden stenosis including at L5/S1. Eur J Orthop Surg Traumatol. 2016 Oct;26(7):685-93. doi: 10.1007/s00590-016-1806-7. Epub 2016 Jun 18. PMID: 27318669.

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