

Lumbar Epidural injection

There are 3 types of [Epidural injection](#) techniques currently being used: [transforaminal](#) (TFEI), [interlaminar](#) (ILEI), and caudal epidural injections (CEI).

Caudal epidural injection

Transforaminal lumbar epidural steroid injection

In 1997 Carette et al stated that although [epidural corticosteroid injections](#) of methylprednisolone may afford short-term improvement in leg pain and sensory deficits in patients with sciatica due to a herniated nucleus pulposus, this treatment offers no significant functional benefit, nor does it reduce the need for surgery ¹⁾.

¹⁾

Carette S, Leclaire R, Marcoux S, Morin F, Blaise GA, St-Pierre A, Truchon R, Parent F, Levésque J, Bergeron V, Montminy P, Blanchette C. Epidural corticosteroid injections for sciatica due to herniated nucleus pulposus. N Engl J Med. 1997 Jun 5;336(23):1634-40. PubMed PMID: 9171065.

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