

Lumbar discectomy technique

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The [lumbar discectomy technique](#) may vary depending on the [location](#) and severity of the [disc herniation](#). However, in general, the [procedure](#) involves the following steps:

Anesthesia

[Lumbar discectomy anesthesia](#)

Instruments

[Lumbar discectomy instruments.](#)

Position

[Lumbar discectomy position](#)

Skin Incision

o Clip fur at least 15 cm wide of incision

o Permanent marker prior to prep or sterile marker after draping (if needed)



A small [skin incision](#) is made in the back at the level of the affected disc.

[Subcutaneous dissection](#)

Exposure

[Self-retaining retractor](#).

The surgeon uses a [Cobb Spinal Elevator](#) to gently pull the muscles and tissues aside to expose the affected disc and surrounding structures.

Discectomy

The surgeon carefully removes the herniated or damaged portion of the [disc](#) using a surgical instrument



Closure

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- A prospective randomised controlled trial evaluating prophylactic Floseal, a gelatin and thrombin-based haemostatic matrix, in postoperative drain output and blood transfusion in transforaminal lumbar interbody fusion surgery
- Delayed Infection 34 Months After IntraSPINE[®] Dynamic Internal Insertion

Wound closure with sutures or staples, and a sterile bandage is applied.

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