

Lumbar discectomy position



The [position](#) for lumbar discectomy can vary depending on the surgeon's preference and the specific approach being used. However, generally, the patient is placed in a [prone](#) position (lying face down) on the [operating table](#) on a radiolucent [Wilson's frame](#)



with the arms away from the side of the body and spine, knee, and hip flexed during the surgery

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