

# Loin Pain Hematuria Syndrome

Loin Pain [Hematuria Syndrome](#) (LPHS) is a rare condition characterized by [cryptogenic](#) debilitating [flank pain](#) and microscopic or macroscopic hematuria.

## Pathophysiology

The [pathophysiology](#) of LPHS remains poorly understood and [diagnosis](#) is made largely by exclusion of alternate pathology.

## Treatment

Management strategies can vary widely and include chronic [opioid](#) medication and a variety of invasive procedures including regional [nerve blocks](#), [transcutaneous electrical nerve stimulation](#), local [capsaicin](#) infusion, and surgical [renal denervation](#). [Neuromodulation](#) may provide a new paradigm of treatment for LPHS, potentially sparing patients from long term [complications](#) of opiate therapy and invasive surgery.

A report of Richter et al. from the Department of Neurosurgery, [Allegheny General Hospital](#), demonstrates the first case of successful symptomatic management of LPHS using [spinal cord stimulation](#)<sup>1)</sup>.

1)

Richter B, Bergman J, Pierre J, Tomycz ND. Spinal Cord Stimulation for Loin Pain Hematuria Syndrome: Case Report. *Pain Pract*. 2018 Dec 16. doi: 10.1111/papr.12755. [Epub ahead of print] PubMed PMID: 30554461.

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