

Insulin sensitivity refers to how sensitive the body's cells are in response to insulin. High insulin sensitivity allows the cells of the body to use blood glucose more effectively, reducing blood sugar. Some lifestyle and dietary changes may help improve this sensitivity.

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**



Permanent link:

https://neurosurgerywiki.com/wiki/doku.php?id=insulin_sensitivity

Last update: **2024/06/07 02:59**