

Burnout is a negative **workplace** syndrome of **emotional exhaustion**, **cynicism**, and perceived professional **inefficacy** that risks the patient-provider relationship, **patient care**, and physician **well-being**. Noticeable methodological differences in studies on **trainee** and attending burnout contribute to a wide range of neurosurgery burnout estimates and yield significant knowledge gaps. The **environment** may have a greater impact on trainee burnout than demographics. **Wellness** programs should emphasize solidarity ¹⁾

¹⁾

Mackel CE, Nelton EB, Reynolds RM, Fox WC, Spiotta AM, Stippler M. A Scoping Review of Burnout in Neurosurgery. *Neurosurgery*. 2021 Apr 15;88(5):942-954. doi: 10.1093/neuros/nyaa564. PMID: 33471896.

From:

<https://neurosurgerywiki.com/wiki/> - **Neurosurgery Wiki**

Permanent link:

<https://neurosurgerywiki.com/wiki/doku.php?id=inefficacy>

Last update: **2024/06/07 02:51**

