

# Hydrogen sulfide

Along with [nitric oxide](#) (NO) and [carbon monoxide](#) (CO), hydrogen sulfide (H<sub>2</sub>S) is regarded as the third gasotransmitter and endogenous [neuromodulator](#) and plays multiple roles in the central nervous system under physiological and pathological states, especially in secondary neuronal injury.

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There is growing evidence that H<sub>2</sub>S has a promising future in the treatment of central nervous system diseases. In a review, Lu et al. focus on the effects of H<sub>2</sub>S in experimental SAH and elucidate the underlying mechanisms. They demonstrated that H<sub>2</sub>S has neuroprotective effects and significantly reduces secondary damage caused by SAH via [antioxidant](#), [antiinflammatory](#), and anti-apoptosis mechanisms, and by alleviating [cerebral edema](#) and [vasospasm](#). Based on these findings, they believe that H<sub>2</sub>S has great potential in the treatment of SAH and warrants further study to promote its early clinical application <sup>1)</sup>

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Merz et al. explored the potential mediating role of hydrogen sulfide (H<sub>2</sub>S) and the oxytocin (OT) systems in hemorrhagic shock (HS) and/or traumatic brain injury (TBI). Morbidity and mortality after trauma mainly depend on the presence of HS and/or TBI. Rapid “repayment of the O<sub>2</sub> debt” and prevention of brain tissue hypoxia are cornerstones of the management of both HS and TBI. Restoring tissue perfusion, however, generates an ischemia/reperfusion (I/R) injury due to the formation of reactive oxygen (ROS) and nitrogen (RNS) species. Moreover, pre-existing medical conditions (PEMC's) can aggravate the occurrence and severity of complications after trauma. In addition to the “classic” chronic diseases (of cardiovascular or metabolic origin), there is growing awareness of psychological PEMC's, e.g., early life stress (ELS) increases the predisposition to develop post-traumatic-stress-disorder (PTSD) and trauma patients with TBI show a significantly higher incidence of PTSD than patients without TBI. In fact, ELS is known to contribute to the developmental origins of cardiovascular disease. The neurotransmitter H<sub>2</sub>S is not only essential for the neuroendocrine stress response but is also a promising therapeutic target in the prevention of chronic diseases induced by ELS. The neuroendocrine hormone OT has fundamental importance for brain development and social behavior, and, thus, is implicated in resilience or vulnerability to traumatic events. OT and H<sub>2</sub>S have been shown to interact in physical and psychological trauma and could, thus, be therapeutic targets to mitigate the acute post-traumatic effects of chronic PEMC's. OT and H<sub>2</sub>S both share anti-inflammatory, anti-oxidant, and vasoactive properties; through the reperfusion injury salvage kinase (RISK) pathway, where their signaling mechanisms converge, they act via the regulation of nitric oxide (NO) <sup>2)</sup>.

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The endogenous level of H<sub>2</sub>S in the brain is significantly higher than that in peripheral tissues and is mainly formed by cystathionine β-synthase (CBS) in astrocytes and released in response to neuronal excitation. The mechanism of secondary neuronal injury exacerbating the damage caused by the initial insult includes microcirculation failure, glutamate-mediated excitotoxicity, oxidative stress, inflammatory responses, neuronal apoptosis and calcium overload. H<sub>2</sub>S dilates cerebral vessels by activating smooth muscle cell plasma membrane ATP-sensitive K channels (K<sub>ATP</sub> channels). This modification occurs on specific cysteine residues of the K<sub>ATP</sub> channel proteins which are S-sulfhydrated. H<sub>2</sub>S counteracts glutamate-mediated excitotoxicity by inducing astrocytes to intake

more glutamate from the extracellular space and thus increasing glutathione in neurons. In addition, H<sub>2</sub>S protects neurons from secondary neuronal injury by functioning as an anti-oxidant, anti-inflammatory and anti-apoptotic mediator. However, there are still some reports suggest that H<sub>2</sub>S elevates neuronal Ca(2+) concentration and may contribute to the formation of calcium overload in secondary neuronal injury. H<sub>2</sub>S also elicits calcium waves in primary cultures of astrocytes and may mediate signals between neurons and glia. Consequently, further exploration of the molecular mechanisms of H<sub>2</sub>S in secondary neuronal injury will provide important insights into its potential therapeutic uses for the treatment of acute neuronal insult events <sup>3)</sup>.

<sup>1)</sup>

Lu D, Wang L, Liu G, Wang S, Wang Y, Wu Y, Wang J, Sun X. [Role of hydrogen sulfide in subarachnoid hemorrhage](#). CNS Neurosci Ther. 2022 Mar 22. doi: 10.1111/cns.13828. Epub ahead of print. PMID: 35315575.

<sup>2)</sup>

Merz T, McCook O, Denoix N, Radermacher P, Waller C, Kapapa T. Biological Connection of Psychological Stress and Polytrauma under Intensive Care: The Role of Oxytocin and Hydrogen Sulfide. Int J Mol Sci. 2021 Aug 25;22(17):9192. doi: 10.3390/ijms22179192. PMID: 34502097; PMCID: PMC8430789.

<sup>3)</sup>

Wang JF, Li Y, Song JN, Pang HG. Role of hydrogen sulfide in secondary neuronal injury. Neurochem Int. 2014 Jan;64:37-47. doi: 10.1016/j.neuint.2013.11.002. Epub 2013 Nov 14. Review. PubMed PMID: 24239876.

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