

Hip

The hip is one of the body's largest joints. It is a “ball-and-socket” joint. The socket is formed by the acetabulum, which is part of the large pelvis bone. The ball is the femoral head, which is the upper end of the femur (thighbone).

The bone surfaces of the ball and socket are covered with articular cartilage, a smooth, slippery substance that protects and cushions the bones and enables them to move easily.

The surface of the joint is covered by a thin lining called the synovium. In a healthy hip, the synovium produces a small amount of fluid that lubricates the cartilage and aids in movement.

see [Spastic hip](#).

see [Hip pain](#)

[ASD](#) can be primarily due to asymmetric [disc degeneration](#) or secondary to [hip](#) pathology, [osteoporosis](#) and asymmetric loads.

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