

A geriatrician is a medical doctor who specializes in the care of older adults, typically those aged 65 and older. The field of geriatrics focuses on addressing the unique healthcare needs and challenges associated with aging. Geriatricians are trained to manage a wide range of medical conditions that commonly affect older individuals, including chronic diseases, cognitive impairment, functional decline, and other age-related issues.

The role of a geriatrician involves comprehensive assessment, diagnosis, and management of health conditions in older patients. They work to optimize the quality of life for elderly individuals by addressing not only their medical needs but also considering their social, psychological, and functional well-being. Geriatricians often collaborate with other healthcare professionals, such as physical therapists, occupational therapists, and social workers, to provide holistic care for older adults.

Given the increasing aging population in many parts of the world, the demand for geriatricians is growing. These specialists play a crucial role in promoting healthy aging, preventing and managing age-related diseases, and enhancing the overall well-being of older individuals.

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