2025/06/25 22:30 1/2 Generalized epilepsy

Generalized epilepsy

Generalized epilepsy is a type of epilepsy in which seizures appear to originate simultaneously in both hemispheres of the brain. The **International League Against Epilepsy (ILAE)** provides a classification system that helps clinicians describe and categorize epilepsy types more precisely.

[] Generalized Epilepsy: ILAE 2017 Classification

[] 1. Generalized Seizure Types These are seizure types that start in both hemispheres at once:

- **Generalized Tonic-Clonic Seizures (GTCS)** ➤ Convulsions with stiffening (tonic) and jerking (clonic) phases.
- **Absence Seizures** > Brief lapses in consciousness (e.g., staring spells).

Subtypes:

- Typical
- Atypical
- Myoclonic absence
- Eyelid myoclonia
- **Myoclonic Seizures** ➤ Sudden, brief muscle jerks, often in the arms or shoulders.
- **Tonic Seizures** ➤ Sustained muscle stiffening, typically during sleep.
- **Atonic Seizures** ➤ Sudden loss of muscle tone, causing drop attacks.
- Clonic Seizures ➤ Rhythmic jerking movements (rare in isolation in generalized epilepsy).
- #### [] 2. Generalized Epilepsy Syndromes These are broader syndromes that include multiple seizure types and typically have a known electroclinical pattern:
- Childhood Absence Epilepsy (CAE) Juvenile Absence Epilepsy (JAE) Juvenile Myoclonic Epilepsy (JME) Epilepsy with Generalized Tonic-Clonic Seizures Alone Lennox-Gastaut Syndrome (LGS) although often considered combined generalized and focal Dravet Syndrome also has generalized and focal components
- #### [] **3. Etiological Classification** ILAE recommends classifying the **cause** of generalized epilepsy under one or more of the following categories:
- **Genetic** (e.g., idiopathic generalized epilepsy, JME) Genetic generalized epilepsy **Structural** (less common in generalized forms) **Metabolic Immune Infectious Unknown**
- #### [] **4. EEG Findings** Generalized spike-and-wave or polyspike-and-wave discharges Bilaterally synchronous Normal background (in idiopathic types)

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Last update: 2025/03/26 09:13

