

# Gender harassment

**Gender harassment** refers to behavior that is targeted at an individual because of their gender, which can include unwanted and offensive comments, gestures, or actions that are derogatory or demeaning. It can contribute to a hostile work environment and may be a form of discrimination or sexual harassment.

Workers exposed to gender harassment and illegitimate tasks may experience adverse mental health outcomes such as depression and burnout <sup>1)</sup>.

<sup>1)</sup>

Mensah A, Toivanen S, Diewald M, Ul Hassan M, Nyberg A. Workplace gender harassment, illegitimate tasks, and poor mental health: Hypothesized associations in a Swedish cohort. Soc Sci Med. 2022 Nov 7;315:115520. doi: 10.1016/j.socscimed.2022.115520. Epub ahead of print. PMID: 36413856.

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