

# Fringe Practice

**Fringe practice** refers to a clinical approach, intervention, or theory that lies **outside the mainstream of accepted medical practice**. These practices often lack robust scientific evidence, may be promoted by individuals or groups with limited oversight, and are not widely endorsed by major medical organizations.

## □ Key Characteristics

- Limited or no empirical support
- Often anecdotal or based on unconventional theories
- Not included in standard clinical guidelines
- May pose ethical or safety concerns
- Typically avoided in evidence-based medicine

## ⚠ Why It Matters

- Can mislead patients or create false hope
- Risks diverting care from proven treatments
- May cause harm or financial exploitation
- Undermines trust in healthcare systems

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