Foraminoscopy

With the idea of a safe working triangle between the exiting and traversing roots in the foramen, endoscopic spine surgery started to leave the safety of the indigo carmine blue-stained nucleus and explore the lumbar intervertebral foramen.

In 1993 Mayer and Brock used an angled lens scope that allowed more dorsal visualization of anular pathology $^{1)}$

For aminoscopy was described by Mathews in 1996 $^{2)}$ and Ditsworth in 1998. $^{3)}$.

In 1996 Kambin and Zhou described lumbar nerve root decompression by anulectomy and decompression of lateral recess stenosis with the use of forceps and trephines. ⁴⁾.

In 2005 Schubert and Hoogland described their technique for transforaminal endoscopic removal of a sequestered disc fragment using reamers to expand the foraminal window by removing the ventral portion of the superior articular process. ⁵⁾.

Multichannel endoscopes with larger working channels were introduced by Tsou et al. in 1997 $^{6)}$ and Ruetten et al. in 2007 $^{7)}$

A number of reports of the clinical success of direct endoscopic decompression of foraminal pathology would follow:

Yeung and Tsou in 2002 ⁸⁾ Ruetten el al. in 2007 ⁹⁾ Ruetten et al. in 2008 ¹⁰⁾ and Jasper et al. in 2013 ¹¹⁾.

see Percutaneous endoscopic lumbar foraminotomy

1)

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11)

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