

Fluid restriction recommendations

Solute ratio >1 Recommended fluid intake <500ml/d

Solute ratio 1 Recommended fluid intake 500-700 ml/d

Solute ratio <1 Recommended fluid intake <1L/d ¹⁾.

¹⁾

Ellison DH, Berl T. Clinical practice. The syndrome of inappropriate antidiuresis. N Engl J Med. 2007 May 17;356(20):2064-72. doi: 10.1056/NEJMcp066837. PMID: 17507705.

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