

the fibularis longus (also known as peroneus longus) is a superficial muscle in the lateral compartment of the leg. It acts to tilt the sole of the foot away from the midline of the body (eversion) and to extend the foot downward away from the body (plantar flexion) at the ankle.

The fibularis longus is the longest and most superficial of the three fibularis (peroneus) muscles. At its upper end, it is attached to the head of the fibula, and its “belly” runs down along most of this bone. The muscle becomes a tendon that wraps around and behind the lateral malleolus of the ankle, then continues under the foot to attach to the medial cuneiform and first metatarsal. It is supplied by the superficial fibular nerve.

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