

Facet join arthritis

Facet join arthritis is common and affects at least 50% of the population.

Perhaps the most definitive diagnosis of facet joint pain can be made by a facet joint injection (or facet joint block), which injects the suspicious facet joints with a small volume of a combination of X-ray contrast material, local anesthetic, and cortisone. Relief of the acute or chronic problem during the time of action of this combination of drugs is diagnostic.

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