

FABER

An acronym for Flexion ABduction External-Rotation, AKA **FABERE test** (the trailing “e” is for extension), AKA **Patrick’s test** (after Hugh Talbot Patrick). A test of hip motion. Method: the hip and knee are flexed and the lateral malleolus is placed on the contralateral knee. The ipsilateral knee is gently displaced downward towards the exam table. This stresses the hip joint and does not usually exacerbate true nerve root compression. Often markedly positive in the presence of hip joint disease—e.g. trochanteric bursitis —sacroiliitis or mechanical low-back pain.

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Last update: **2024/06/07 02:55**

