

Endoscopic endonasal approach for cerebrospinal fluid fistula

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The [endoscopic endonasal approach](#) for [cerebrospinal fluid fistula](#) involves creating a small opening in the [skull base](#) through the nasal passages and [sinuses](#). This allows the surgeon to access the site of the fistula and repair it without having to make a large [incision](#) on the scalp or face.

During the [procedure](#), the surgeon uses an [endoscope](#) to visualize the surgical site and specialized [instruments](#) to repair the fistula. The surgery is typically done under [general anesthesia](#), and most patients can return to normal activities within a few weeks after the procedure.

The EEA for CSF fistulas has several advantages over traditional open surgery, including less pain and scarring, shorter hospital stays, and faster recovery times. It also has a lower risk of complications, such as infections and bleeding.

However, not all CSF fistulas are amenable to the EEA, and the procedure is typically performed by experienced skull base surgeons. Therefore, it is important to consult with a specialist to determine if this approach is suitable for your particular case.

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Last update: **2024/06/07 02:52**

