

Eating disorder

[Anorexia nervosa](#), [bulimia nervosa](#), and binge-eating disorder are the most common eating disorders. Other eating disorders include rumination disorder and avoidant/restrictive food intake disorder.

Physical growth and psychological development bring to children, adolescents and adults not only exciting opportunities for change, but challenges that may overwhelm them. Eating disorders arise from the failure to effectively negotiate these demands. Their root causes are diverse, involving unique personal stresses, along with susceptibilities, both emotional and biological, that raise levels of anxiety, self-doubt, and feelings of ineffectiveness. Among the major forms of eating disorder are [Anorexia Nervosa](#) and [Bulimia Nervosa](#).

Anorexia nervosa

[Anorexia nervosa](#)

Binge eating disorder

see [Binge eating disorder](#).

Treatment

[Eating disorder treatment](#)

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