

Direct Aspiration First Pass Technique

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- [A direct aspiration first-pass technique \(ADAPT\) for acute ischemic stroke thrombectomy: Indications, technique, and emerging devices](#)

Recent [randomized trials](#) have demonstrated the efficacy of [mechanical thrombectomy](#) in [acute ischemic stroke treatment](#), however, further [research](#) is required to optimize this technique. Navia et al. aimed to evaluate the impact of guide catheter position and [clot crossing](#) on [revascularization](#) rates using A [Direct Aspiration First Pass Technique](#) (ADAPT).

Data were collected between January 2018 and August 2019 as part of the Spanish ADAPT Registry on ACE [reperfusion catheters](#) (SARA), a multicenter observational study assessing real-world thrombectomy outcomes. Demographic, clinical, and angiographic data were collected. Subgroup analyses assessed the relationship between guide catheter/microguidewire position and modified [Trombolysis in Cerebral Infarction scale](#). First pass effect (FPE) was defined as mTICI 3 after single pass of the [device](#).

Results: From a total of 589 patients, 80.8% underwent frontline aspiration thrombectomy. The median score on the National Institutes of Health Stroke Scale (NIHSS) was 16.0. After adjusting for confounders, the likelihood of achieving FPE (adjusted Odds Ratio (aOR), 0.587; 95% confidence interval (CI), 0.38 to 0.92; $p=0.0194$) were higher among patients with more distal petrocavernous placement of guide catheter. The likelihood of achieving FPE (aOR, 0.592; 95% CI, 0.39 to 0.90; $p=0.0138$) and final angiogram complete reperfusion (aOR, 0.465; 95% CI, 0.30 to 0.73; $p=0.0008$) were higher among patients without microguidewire crossing the clot. No difference was noted for time from arterial puncture to reperfusion in any study group. At the 90-day follow-up, the mortality rate was 9.2% and 65.8% of patients across the entire study cohort were functionally independent (modified Rankin Scale (mRS) 0-2).

Petrocavernous [guide catheter](#) placement improved first-pass revascularization. Crossing the occlusion with a [microguidewire](#) lowered the likelihood of achieving FPE and complete reperfusion after final angiogram ¹⁾

1)

Navia P, Espinosa de Rueda M, Rodriguez-Benitez A, Ballenilla Marco F, Pumar JM, Gallego-Leon JL, Diaz-Valiño JL, Mendez JC, Hernández Fernández F, Rodriguez-Paz CM, Hernandez D, Maynar FJ, Vega-Villar J, García-Benassi JM, Martínez-Galdámez M, Larrea JA, Fernandez-Prieto A. [Endovascular](#)

[thrombectomy first-pass reperfusion](#) and ancillary device placement. J Neurointerv Surg. 2023 Aug 22;jnis-2023-020433. doi: 10.1136/jnis-2023-020433. Epub ahead of print. PMID: 37607823.

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