

Dexmedetomidine Indications

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Goals of [anesthesia](#) in neurosurgery include stable [cerebral hemodynamics](#) and provide relaxed brain to surgeon. Dexmedetomidine and [lignocaine](#) as an adjuvant can fulfill these criteria but literature comparing the two are sparse. Dexmedetomidine as an adjuvant to anesthetic drugs has a better profile than lignocaine in suppressing stress response and preventing hemodynamic variations at intubation, skull pin application, and surgical incision. Dexmedetomidine increases the duration of effective analgesia more than lignocaine, in postoperative period in patients undergoing craniotomy ¹⁾.

Dexmedetomidine (Precedex®). [Alpha 2 adrenergic receptor](#) agonist, used for control of [hypertension](#) postoperatively, as well as for its sedating qualities during [awake craniotomy](#) either alone or in conjunction with [propofol](#). Also used to help patients tolerate [endotracheal tube](#) without [sedatives/narcotics](#) to facilitate [extubation](#).

Chronic subdural hematoma

Dexmedetomidine-based sedation compared to propofol, along with scalp block for monitored anaesthesia care (MAC) in patients undergoing [burr hole evacuation](#) of CSDH is associated with haemodynamic stability and greater surgeon satisfaction ²⁾.

Awake craniotomy

[Dexmedetomidine for awake craniotomy.](#)

Sedation

Dexmedetomidine is safer and equally effective agent compared to propofol and midazolam for sedation of neurosurgical mechanically ventilated patients with good hemodynamic stability and extubation time as rapid as propofol. Dexmedetomidine also reduced postoperative fentanyl requirements ³⁾.

DEX sedation for interventional pain management during procedures such as gasserian ganglion block may be useful ⁴⁾.

Postoperative pain control

Intraoperative dexmedetomidine infusion was effective for reducing pain and analgesic consumption after craniotomy. In addition, dexmedetomidine may help to reduce postoperative nausea and vomiting (PONV) in patients after craniotomy treated with tramadol postoperatively. Chinese Clinical Trial Register identifier: ChiCTR-TRC-13003598 ⁵⁾.

Intravenous DEX exhibits synergism with regional anesthesia and facilitates postoperative pain control ^{6) 7)}.

Monitored anesthesia care using dexmedetomidine without loading dose for embolization of intracranial aneurysms appeared to be a safe and effective alternative to general anesthesia ⁸⁾.

Dexmedetomidine is useful during intraoperative [electrocorticography](#) (ECoG) recording in [epilepsy surgery](#) as it enhances or does not alter spike rate in most of the cases, without any major adverse effects.

Dexmedetomidine is a option for treatment of acute severe [baclofen](#) withdrawal ⁹⁾.

Microelectrode recordings in pediatric DBS can be preserved with a combination of dexmedetomidine and ketamine, remifentanyl, and nicardipine. This preservation of MERs is particularly crucial in electrode placement in children ¹⁰⁾.

¹⁾

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10)

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