

Decompression surgery

The goal of a [decompression surgery](#) is usually to relieve [pain](#) caused by nerve root pinching.

A decompression surgery involves removing a small portion of the bone over the nerve root and/or disc material from under the nerve root to relieve pinching of the nerve and provide more room for the nerve to heal. The most common types of decompression surgery are microdiscectomy and laminectomy.

Types

[Decompressive craniectomy](#)

[Lumbar spinal decompression](#)

[Microvascular decompression](#)

[Microdecompression](#)

[Subtemporal decompression..](#)

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