

Anticholinergics may negatively impact [cognition](#) and [memory](#) ¹⁾ ²⁾. Newer agents ([tolterodine](#), [darifenacin](#)) have less impact on memory. [Trospium](#), a quaternary amine, crosses the blood-brain barrier less readily than other anticholinergics and may have a less negative impact ³⁾.

¹⁾

Moga DC, Carnahan RM, Lund BC, et al. Risks and benefits of bladder antimuscarinics among elderly residents of Veterans Affairs Community Living Centers. J Am Med Dir Assoc. 2013; 14:749–760

²⁾ ³⁾

Kay GG, Ebinger U. Preserving cognitive function for patients with overactive bladder: evidence for a differential effect with darifenacin. Int J Clin Pract. 2008; 62:1792–1800

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