

# D-dimer/fibrinogen ratio

**Progressive hemorrhagic injury** (PHI) greatly affects the prognosis of **traumatic brain injury** (TBI). **D-dimer/fibrinogen** ratio (D/F ratio) may be a potential predictor for **venous thromboembolism**. A study of Xu et al. sought to describe and evaluate any relationship between D/F ratio and PHI after TBI.

This retrospective study included a cohort of 192 TBI patients. Plasma D-dimer and fibrinogen were measured, and subsequently, D/F ratio was calculated. Multivariate logistic regression analysis was applied to identify predictors of PHI. The receiver operating characteristic (ROC) curve was configured to analyze predictive capability for PHI.

A total of 43 patients (22.4%) experienced PHI. Both **Glasgow coma scale** (GCS) score (odds ratio [OR], 0.565; 95% CI, 0.464-0.689) and D/F ratio (OR, 4.026; 95% CI, 2.219-7.305) were the two independent predictor for PHI. Area under ROC curve (AUC) of D/F ratio was similar to that of GCS score (AUC, 0.816; 95% CI, 0.754-0.868 vs. AUC, 0.834; 95% CI, 0.773-0.883;  $P=0.699$ ). Moreover, D/F ratio significantly improved AUC of GCS score to 0.928 (95% CI, 0.881-0.960;  $P<0.001$ ).

D/F ratio was strongly predictive of PHI in the studied cohort and, thereby should be considered in the clinical management of TBI patients <sup>1)</sup>.

A D-dimer level  $<0.35$   $\mu\text{g/ml}$  may exclude the diagnosis of **pulmonary embolism**. At a D-dimer cutoff  $0.5$   $\mu\text{g/ml}$  and D-dimer/fibrinogen ratio cutoff  $1.0$ , the D-dimer/fibrinogen ratio may have better specificity than D-dimer level in the diagnosis of pulmonary embolism, but the D-dimer/fibrinogen ratio may lack sufficient specificity in screening <sup>2)</sup>.

## References

<sup>1)</sup>

Xu DX, Du WT, Li X, Wu ZX, Yu GF. D-dimer/fibrinogen ratio for the prediction of progressive hemorrhagic injury after traumatic brain injury. Clin Chim Acta. 2020 Apr 22. pii: S0009-8981(20)30177-7. doi: 10.1016/j.cca.2020.04.022. [Epub ahead of print] PubMed PMID: 32333859.

<sup>2)</sup>

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