Craniovertebral Junction Tumor

Definition: CVJ tumors are neoplastic lesions involving the occipital bone, atlas (C1), axis (C2), and adjacent structures. These tumors may be extradural, intradural-extramedullary, or intramedullary.

Common Tumor Types

- Meningioma
- Chordoma
- Schwannoma (CN XI, XII)
- · Paraganglioma
- Metastasis
- · Epidermoid cyst
- Neurofibroma

Treatment

Goals of Treatment

- Maximal safe resection or control
- Preservation of neurological function
- Stabilization of the craniovertebral junction (if destabilized)
- Symptom relief (e.g., brainstem compression, myelopathy, cranial nerve dysfunction)

Multidisciplinary Planning

- Imaging: MRI with contrast ± CT with bone windows
- Neuro-navigation / intraoperative neuromonitoring
- Preoperative angiography ± embolization (esp. in vascular tumors like meningiomas or paragangliomas)
- Histology: Biopsy when necessary (for chordomas, metastases)

Surgical Indications

- Neurological deterioration
- Brainstem compression
- Spinal cord compression or instability
- Progressive symptoms

• Tumor growth

Surgical Approaches

Craniovertebral Junction Tumor Surgical Approaches.

Non-Surgical Management

- Stereotactic Radiosurgery (SRS): e.g., for chordomas, schwannomas, or residuals
- Fractionated Radiotherapy: if high risk for injury with surgery
- Chemotherapy: rarely indicated, unless lymphoma or metastasis
- Observation: for small, asymptomatic, benign tumors in high-risk locations

Complications

- Lower cranial nerve palsies
- CSF leak
- Vertebral artery injury
- Instability requiring fusion
- Dysphagia / aspiration
- Infection / wound healing issues

Outcome Predictors

- Tumor location and extension (midline vs lateral)
- Histology (benign vs aggressive)
- Preoperative neurological status
- Surgeon's experience and approach selection
- Use of neuromonitoring and neuronavigation

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Last update: 2025/07/03 17:51

