2025/06/25 23:11 1/1 Conservative treatment

Conservative treatment

A treatment, that doesn't include any operation or intervention.

Not all back pain requires surgery and some conditions cannot be corrected with surgery. Many patients benefit from what is called conservative therapy — lifelong lifestyle changes and conservative treatments that help improve and manage symptoms.

Conservative therapy may help reduce your pain level and enhance your ability to function on a day-to-day basis

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