

Competence

Competence is the need to feel effective, capable, and successful in one's interactions with the environment. It involves a desire to master challenges and develop skills. When individuals experience a sense of competence, they are more likely to engage in activities that enhance their abilities and knowledge.

An Entrustable Professional [Activity](#) is a key [task](#) of a [discipline](#) (i.e. [specialty](#) or [subspecialty](#)) that an individual can be [trusted](#) to perform in a given [healthcare](#) context, once sufficient [competence](#) has been demonstrated.

Professionals strive to become experts in their field, which sets them apart from the rest of the pack. This can mean continuing your [education](#) by taking courses, attending seminars and attaining any related professional designations.

The National Quality Indicators are generally divided into three main types of [quality measures](#):
Structure indicators ([frameworks](#) and [resources](#), [competence](#), available [equipment](#), [registers](#), etc.)
Process indicators (activities in the patient process, e.g., diagnostics, treatment).

Neurosurgery Resident Competencies

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