## Coincident cervical and lumbar spinal stenosis

In 5%, lumbar and cervical stenoses are symptomatic simultaneously.

Coincident symptomatic lumbar and cervical spinal stenosis is usually managed by first decompressing the cervical region, and later operating on the lumbar region (unless severe neurogenic claudication dominates the picture). It is also possible, in selected cases, to operate on both in a single sitting.

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