

Diagnosing DCSM has traditionally relied on presence of clinical symptoms, including [clumsy hands](#), paralysis of the lower extremities, [gait disturbances](#), urinary/[bowel incontinence](#) and severe neurological dysfunction disturbances.<sup>1) 2)</sup>

Many people with [cervical spondylosis](#) or CSM are asymptomatic. However, patients with CSM are at higher risk of [spinal cord injury](#) (SCI) following minor injury.

1)

Guan L, Chen X, Hai Y, et al. High-resolution diffusion tensor imaging in cervical spondylotic myelopathy: A preliminary follow-up study. NMR Biomed. 2017

2)

Sampath P, Bendecca M, Davis JD, et al. Outcome of patients treated for cervical myelopathy. A prospective, multicenter study with independent clinical review. Spine (Phila Pa 1976) 2000;25(6):670-76.

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