

Clumsiness

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“Clumsiness” refers to a lack of [coordination](#), [dexterity](#), or grace, resulting in awkward movements or actions. Someone who is clumsy may frequently bump into things, drop objects, or have difficulty performing tasks that require fine motor skills. Clumsiness can manifest in various ways and may be temporary or a characteristic trait.

It's important to note that clumsiness can have various underlying causes, including neurological factors, developmental issues, fatigue, distraction, or a lack of physical fitness. In some cases, it may be a normal part of a person's development, while in others, it could be a symptom of an underlying health condition.

If clumsiness is persistent or interferes with daily activities, it's advisable to consult with a healthcare professional for a thorough evaluation to determine the underlying cause and appropriate course of action.

Ungraceful, ungainly, lumbering, lubberly. unhandy, unskillful, maladroit, inexperienced, bungling, bumbling, heavy-handed, inept.

Ventral [Brainstem infarcts](#) are the most common subtype. Atherosclerosis of the perforating arteries and occlusion of the BA are the most common causes. This can present as a lacunar variant presenting ubiquitously as pure motor, dysarthria-clumsy hand, ataxic hemiparesis syndrome, and pure sensory stroke patterns ¹⁾.

¹⁾

Gowda SN, Munakomi S, De Jesus O. Brainstem Stroke. 2023 Jun 24. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-. PMID: 32809731.

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