

Chronic low back pain differential diagnosis

Chronic low back pain differential diagnosis includes

1. degenerative conditions

- a) [degenerative spondylolisthesis](#)
- b) [lumbar spinal stenosis](#)
- c) [lateral recess syndrome](#)

2. spondyloarthropathies

- a) ankylosing spondylitis: look for erosive changes adjacent to SI joint and positive test for HLA- B27 antigen
- b) Paget's disease of the spine: vertebral involvement is very common in patients with Paget's disease

3. osteitis condensans ilii: increased density in ilium, usually asymptomatic (incidental) finding. Occasionally may produce low back pain or tenderness. Usually found in women who have been pregnant

4. psychological overlay: including secondary gain (financial, emotional...)

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Last update: 2024/06/07 02:49

