

Central America is a region of the Americas. It is bordered by [Mexico](#) to the north, [Colombia](#) to the south, the Caribbean Sea to the east, and the Pacific Ocean to the west. Central America consists of seven countries: Belize, [Costa Rica](#), [El Salvador](#), [Guatemala](#), [Honduras](#), [Nicaragua](#), and [Panama](#).

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Last update: **2024/06/07 02:58**

