

The insertion of available cervical [retractor systems](#) is relatively complex for the limited exposure required for single-level [anterior cervical discectomy](#).

Eftekhar introduced a novel cervical retractor system and report the initial experience of its application.

A simple retractor system was designed that is fixed to the [vertebral body](#) through [Caspar pins](#). The design allows the [retractor](#) to move with the vertebrae during distraction via the traditional [Caspar cervical distractor system](#). The advantages and limitations of the device based on the initial experience are discussed.

The author has used the current version of the retractor on 32 single-level anterior cervical discectomies. The insertion of the retractor is easy, and its application provides safe and satisfactory anterior cervical exposure. There have not been related complications, although transient [dysphagia](#) has not been prevented.

This newly designed retractor system is simple and efficient for a single-level anterior [cervical discectomy](#), and its insertion is relatively easy ¹⁾.

¹⁾

Eftekhar B. A Simple Retractor for Anterior Cervical Discectomy. J Neurol Surg A Cent Eur Neurosurg. 2019 Aug 13. doi: 10.1055/s-0039-1685182. [Epub ahead of print] PubMed PMID: 31408888.

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