

Caregiver Burden Scale (CBS)

Questionnaire with 22 questions about caregiver burden divided into 5 different categories: general strain (8 questions), isolation (3 questions), disappointment (5 questions), emotional involvement (3 questions), and environment (3 questions).

Answers are scored from 0 to 3 (not at all, hardly, somewhat, and definitely). Each category score is presented as the mean of included questions ¹⁾.

¹⁾

Elmståhl S, Malmberg B, Annerstedt L: Caregiver's burden of patients 3 years after stroke assessed by a novel caregiver burden scale. Arch Phys Med Rehabil 77:177-182, 1996

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