2025/06/28 18:39 1/2 bulging fontanelle

Bulging Fontanelle refers to a condition where the soft spot (fontanelle) on a baby's skull appears swollen, tense, and raised above the surrounding skull bones. It is a clinical sign that often indicates increased intracranial pressure (ICP) and requires prompt evaluation.

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Key Characteristics - Normal Fontanelle:

- 1. Soft and slightly concave.
- 2. Pulsations may be felt due to underlying blood flow.

- Bulging Fontanelle:

- 1. Firm and raised above the skull level.
- 2. May be accompanied by other symptoms such as irritability, lethargy, or vomiting.

Common Causes 1. Increased Intracranial Pressure:

- 1. **Hydrocephalus:** Excess accumulation of cerebrospinal fluid (CSF) in the brain's ventricles.
- 2. Infections:
 - 1. Meningitis.
 - 2. Encephalitis.
- 3. Trauma: Head injuries causing swelling or bleeding.
- 4. Intracranial Hemorrhage: Bleeding within the brain or ventricles.

2. Infections and Inflammation:

- 1. Severe systemic infections like sepsis.
- 2. Brain abscess or localized infections.

3. Other Conditions:

- 1. Tumors or space-occupying lesions.
- 2. Metabolic disorders causing swelling (e.g., hyponatremia).

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Associated Symptoms - Vomiting. - Poor feeding. - Lethargy or excessive sleepiness. - Seizures. - Irritability or high-pitched crying. - Rapid head growth.

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Evaluation 1. Clinical Examination:

- 1. Palpation of the fontanelle for bulging and tension.
- 2. Assessment of other signs of increased ICP.

2. Neuroimaging:

1. Ultrasound (Cranial):

- 1. Initial imaging for infants due to its non-invasive nature.
- 2. Can identify ventriculomegaly or intracranial lesions.

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2. **MRI/CT:**

1. Detailed imaging to diagnose the underlying cause.

3. Lumbar Puncture (if indicated):

1. Evaluates CSF for infection or pressure changes, if not contraindicated by imaging findings.

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Management - Emergency Action:

- 1. A bulging fontanelle is a medical emergency if associated with severe symptoms.
- 2. Immediate referral to a pediatrician or neurologist.

- Treatment Based on Cause:

- 1. **Hydrocephalus:** Surgical intervention (e.g., ventriculoperitoneal shunt or endoscopic third ventriculostomy).
- 2. **Infections:** Antibiotics, antivirals, or other antimicrobial treatments.
- 3. Trauma or Hemorrhage: Neurosurgical intervention if needed.
- 4. **Tumors:** Oncological evaluation and treatment.

Prognosis - Dependent on the underlying cause and the speed of diagnosis and treatment. - Prompt intervention typically leads to better outcomes, especially in reversible conditions.

Let me know if you'd like further details on specific conditions or treatments!

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