

# Body ownership

The experience of one's body as one's own is referred to as the sense of body ownership.

The widely used [rubber hand illusion](#) (RHI) [paradigm](#) provides insight into how the [brain](#) manages conflicting [multisensory integration](#) regarding [bodily self-consciousness](#). Previous [functional neuroimaging](#) studies have revealed that the feeling of [body ownership](#) is linked to activity in the [premotor cortex](#), the [intraparietal](#) areas, the [occipitotemporal cortex](#), and the [insula](#). Matuz-Budai et al. from Pécs, investigated whether the individual differences in the sensation of [body ownership](#) over a rubber hand, as measured by the subjective report and the [proprioceptive drift](#), are associated with structural brain differences in terms of [cortical thickness](#) in 67 healthy young adults. Matuz-Budai et al. found that individual differences measured by the subjective report of [body ownership](#) are associated with the [cortical thickness](#) in the [somatosensory](#) regions, the temporoparietal junction, the intraparietal areas, and the [occipitotemporal cortex](#), while the [proprioceptive drift](#) is linked to the [premotor cortex](#) and the [anterior cingulate cortex](#). These results are in line with [functional neuroimaging](#) studies indicating that these areas are indeed involved in processes such as cognitive-affective perspective-taking, visual processing of the [body](#), and the [experience](#) of [body ownership](#) and [bodily awareness](#). Consequently, these individual differences in the sensation of [body ownership](#) are pronounced in both functional and structural differences <sup>1)</sup>

<sup>1)</sup>

Matuz-Budai T, Lábadi B, Kohn E, Matuz A, Zsidó AN, Inhof O, Kállai J, Szolcsányi T, Perlaki G, Orsi G, Nagy SA, Janszky J, Darnai G. Individual differences in the experience of [body ownership](#) are related to [cortical thickness](#). Sci Rep. 2022 Jan 17;12(1):808. doi: 10.1038/s41598-021-04720-8. PMID: 35039541.

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Last update: **2024/06/07 02:57**

