

Bed rest

Bed rest also referred to as the rest-cure, is a medical treatment in which a person lies in bed for most of the time to try to cure an illness. Bed rest refers to voluntarily lying in bed as a treatment and not being confined to bed because of a health impairment which physically prevents leaving bed.

see [Bed rest for intraarterial recombinant human tissue plasminogen activator for ischemic stroke treatment](#).

Complications

Deep-vein thrombosis: prolonged bed rest pre- and/or post-op.

PCB/TEDs; or for patients without ICH or SAH, mini-dose [heparin](#)

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