

Bakas Caregiver Outcome Scale

As A Result of Providing Care for the Patient:	Changed for the worst.			Did not change	Changed for the best.		
1. My self esteem	-3	-2	-1	0	+1	+2	+3
2. My physical health	-3	-2	-1	0	+1	+2	+3
3. My time for family activities	-3	-2	-1	0	+1	+2	+3
4. My ability to cope with stress	-3	-2	-1	0	+1	+2	+3
5. My relationship with friends	-3	-2	-1	0	+1	+2	+3
6. My future outlook	-3	-2	-1	0	+1	+2	+3
7. My ability to pay the bills	-3	-2	-1	0	+1	+2	+3
8. My emotional well-being	-3	-2	-1	0	+1	+2	+3
9. My time for social activities with friends	-3	-2	-1	0	+1	+2	+3
10. My relationship with my family.	-3	-2	-1	0	+1	+2	+3
11. My ability to buy necessities.	-3	-2	-1	0	+1	+2	+3
12. My relationship with the patient.	-3	-2	-1	0	+1	+2	+3
13. In general, how has your life changed as a result of taking care of the patient?	-3	-2	-1	0	+1	+2	+3
Are there any other changes in your life that you experiences from providing care for the patient? If so please write them below and rate them accordingly.	Changed for the worst.			Did not change	Changed for the best.		
14.	-3	-2	-1	0	+1	+2	+3
15.	-3	-2	-1	0	+1	+2	+3
16.	-3	-2	-1	0	+1	+2	+3

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