

Arterial hypertension complications

Elevated BP increases the risk of developing [stroke](#), particularly without routine BP measurements and hypertension treatment. A strict BP management target (SBP, <120 mmHg; DBP, <80 mmHg) should be adopted for young and middle-aged men ¹⁾.

Hypertension is the most important risk factor for the formation of cerebral [aneurysm](#), as well as aneurysm rupture ^{2) 3) 4) 5) 6)}.

Hypertensive intracerebral hemorrhage

see [Hypertensive intracerebral hemorrhage](#)

¹⁾

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