

Anterolisthesis

[Spondylolisthesis](#) is defined as a sagittal plane translation of one vertebra over another. Anterolisthesis and [retrolisthesis](#) are terms frequently used to describe the direction of slippage of the superior vertebral body relative to the one immediately below.

Anterolisthesis is an abnormal alignment of [bones](#) in the [spine](#) and usually affects the lower [back](#). It occurs when an upper vertebra slips in front of the one below. Pain is often the first symptom of anterolisthesis. Misaligned vertebrae can pinch the nerves, and this can have painful and debilitating consequences.

Payer M, Smoll NR, Oezkan N, Tessitore E. Dynamic transpedicular stabilisation and decompression in single-level degenerative [anterolisthesis](#) and stenosis. Acta Neurochir (Wien). 2014 Feb;156(2):221-7. doi: 10.1007/s00701-013-1956-x. Epub 2013 Dec 19. Erratum in: Acta Neurochir (Wien). 2014 Apr;156(4):759. Nicolas, Smoll [corrected to Smoll, Nicolas R]. PubMed PMID: 24352372.

Lumbar Anterolisthesis

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