

Annulotomy is a mandatory step to perform intradiscal decompression to resolve a disco radicular conflict. However, this manoeuvre can lead to post surgical complications such as vertebral instability and [back pain](#). Coblation assisted microdiscectomy (CAM procedure) allows a quoted removal of disc without annulus damage ¹⁾.

¹⁾

Fabrizi AP, Zucchelli M. Surgical intradiscal decompression without annulotomy in lumbar disc herniation using a coblation device: preliminary results. Acta Neurochir Suppl. 2005;92:107-9. PubMed PMID: 15830979.

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Last update: **2024/06/07 02:53**

