

Anemia

Anemia is common in patients with aSAH (50% incidence) and is associated with reduction in cerebral oxygenation and poor outcome.

Hemoglobin of 10-11 g% is ideal in these patients.

However, [red blood cell](#) (RBC) transfusion has been shown to increase medical complications including infection by 3-fold. Hence, any benefit from correction of anemia with RBC transfusion has to weighed against its possible adverse complications.

[Macrocytic anemia](#)

[Microcytic anemia](#)

[Hypochromic anemia](#)

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