

Fish Oil (Omega-3 Fatty Acids) is used for the treatment of [dyslipidemia](#) and [hypertriglyceridemia](#). Fish oil may affect platelet aggregation by a reduction in [arachidonic acid](#) and [thromboxane](#) and [adenosine diphosphate receptor](#) blockade. Fish oil may also potentially lengthen bleeding times ^{1) 2) 3)}.

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Goodnight SH, Jr, Harris WS, Connor WE. The effects of dietary omega 3 fatty acids on platelet composition and function in man: a prospective, controlled study. *Blood*. 1981; 58:880-885

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Ang-Lee MK, Moss J, Yuan CS. Herbal medicines and perioperative care. *JAMA*. 2001; 286:208-216

³⁾

Stanger MJ, Thompson LA, Young AJ, et al. Anticoagulant activity of select dietary supplements. *Nutr Rev*. 2012; 70:107-117

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