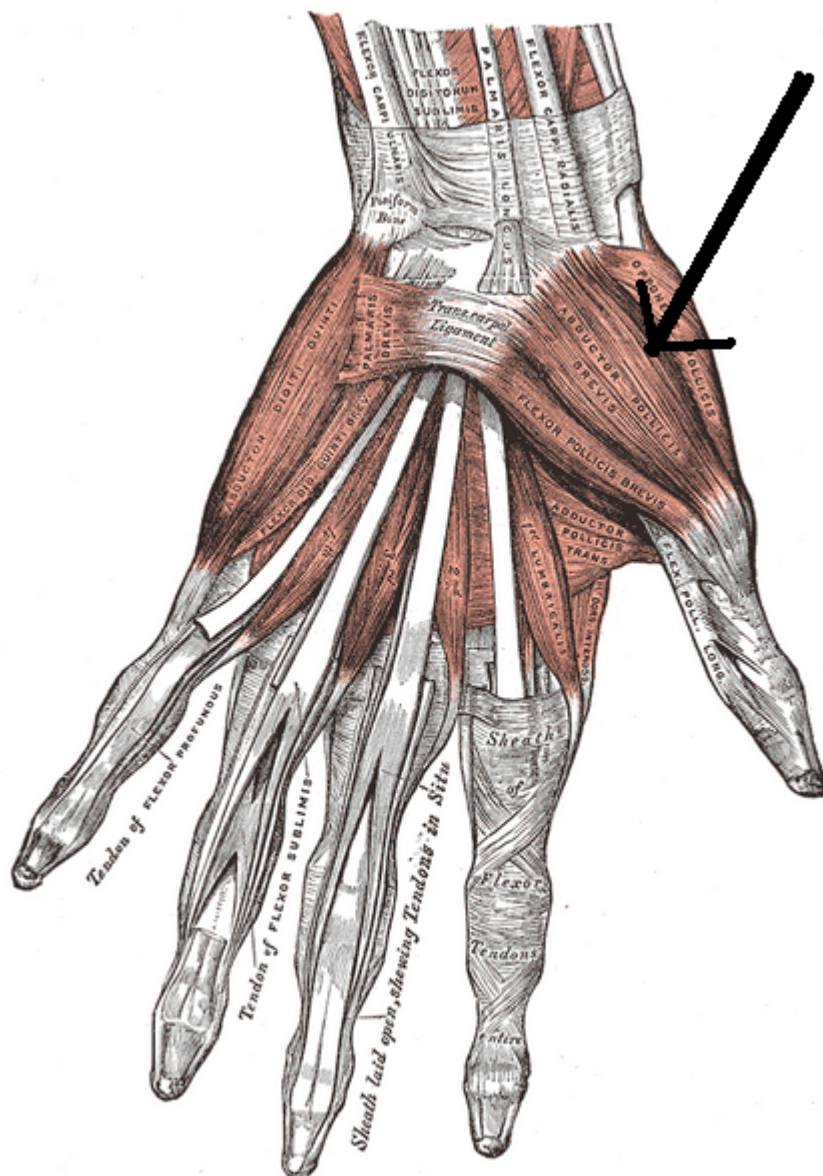


Abductor pollicis brevis muscle

The abductor pollicis brevis is a flat, thin muscle located just under the skin. It is a thenar muscle, and therefore contributes to the bulk of the palm's **thenar eminence**.



It originates from the flexor retinaculum of the hand, the tubercle of the scaphoid bone, and additionally sometimes from the tubercle of the trapezium.

Running lateralward and downward, it is inserted by a thin, flat tendon into the lateral side of the base of the first phalanx of the thumb and the capsule of the metacarpophalangeal joint.

Nerve supply

The abductor pollicis brevis is innervated by the recurrent branch of the **median nerve** (Roots C5- C7 and C8-T1 in the brachial plexus lateral and medial cords respectively).

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